



Public Health in Alexandria

City Academy, Fall 2021

David C. Rose, MD, MBA, FAAP

Health Director

Alexandria Health Department

Anne Gaddy, MD, MPH

Deputy Health Director

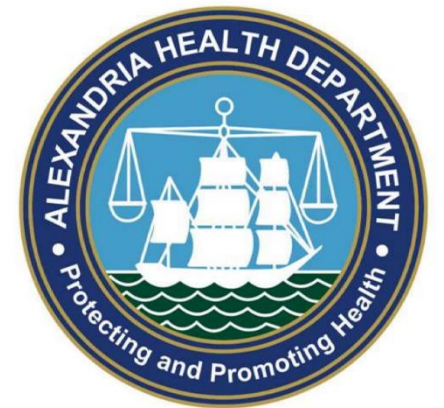
Alexandria Health Department

Public Health in Alexandria

OVERVIEW

- What is Public Health?
- AHD Services
- Key Alexandria Health Department Foci
- How Can YOU Get Involved?

WHAT IS PUBLIC HEALTH?



Health & Public Health

Health

Health is a state of complete **physical, mental, and social wellbeing** and not merely the absence of disease or infirmity

Preamble to the
Constitution of the World Health Organization
7 April 1948

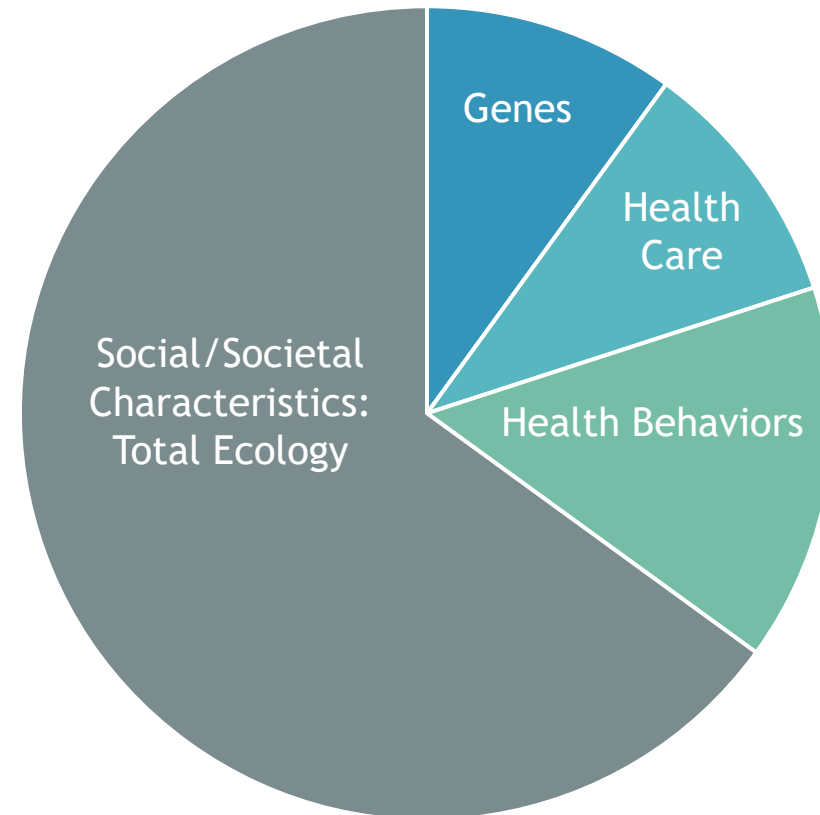
Public Health

The science and art of **preventing** disease, **prolonging** life, and **promoting** health and well-being through organized community effort

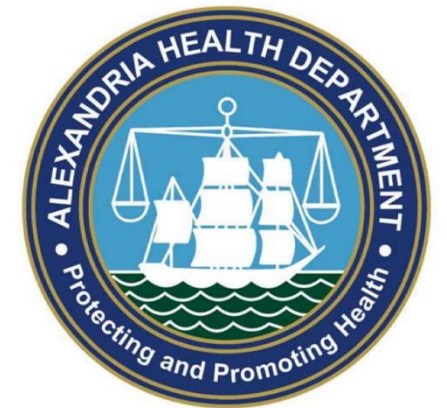
C.E.A. Winslow, 1920
The Acheson Report, 1988



What Determines Health?

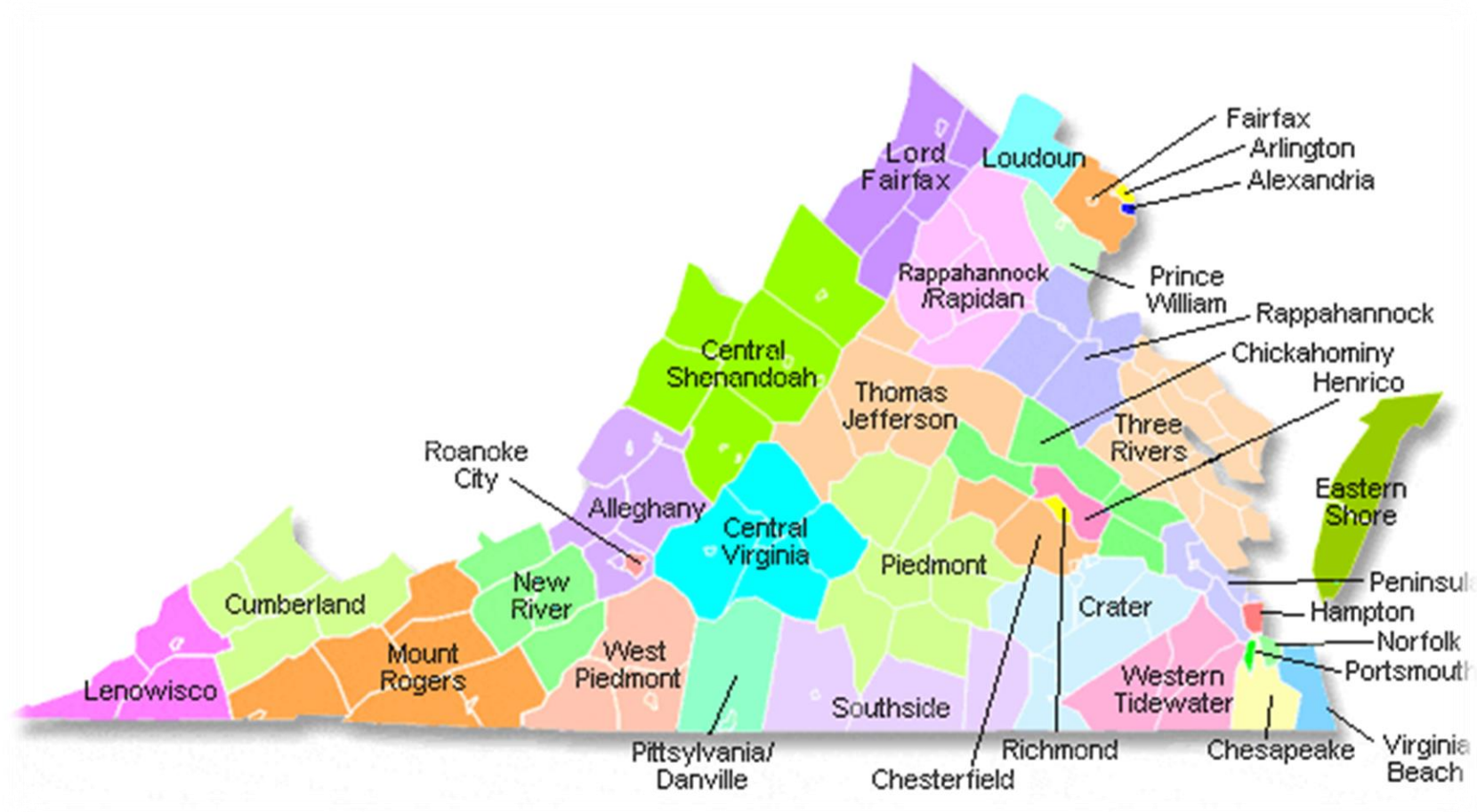


HOW DOES PUBLIC HEALTH WORK IN THE CITY OF ALEXANDRIA?



VDH VIRGINIA DEPARTMENT OF HEALTH

Protecting You and Your Environment



Alexandria Health Department

Vision

Healthy People, Healthier Communities

Mission

Protecting and Promoting Health and Well-Being in Our Communities

Values

Working Together

Improving Continuously

Making a Difference



AHD Major Services (1 of 3)

Clinical Services



- BabyCare & Case Management
- Breastfeeding Counseling & Support
- HIV/AIDS Services
- Immunization Clinic
- Newcomer Health Clinic
- Pharmacy (Casey Health Center)
- Sexual & Reproductive Health Clinics (Rainbow Tuesday Clinic)
- Teen Wellness Center
- Tuberculosis (TB) Clinic
- Women, Infants, & Children (Prevention through Nutrition)

AHD Major Services (2 of 3)



- **Public Health Emergency Management**

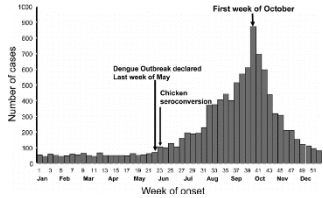
- Prepare for, respond to, recover from public health emergencies
- Medical Reserve Corps Program



- **Environmental Health**

- Food Safety
- Aquatic Health
- Vector Control
- Response to various environmental health issues

AHD Major Services (3 of 3)



- **Epidemiology**

- Subject matter expertise on communicable disease prevention, control and mitigation
- Analyzes & interprets data to guide policy & program development



- **Population Health**

- Community Health Assessment and Health Improvement Plans
- Examine and address issues of health equity
- Support community cohesion and collaboration
- Improve community health through policy, systems, and programming

PROBLEM SOLVING IN PUBLIC HEALTH

STEPS IN CLINICAL MODEL

Symptoms

Signs

History

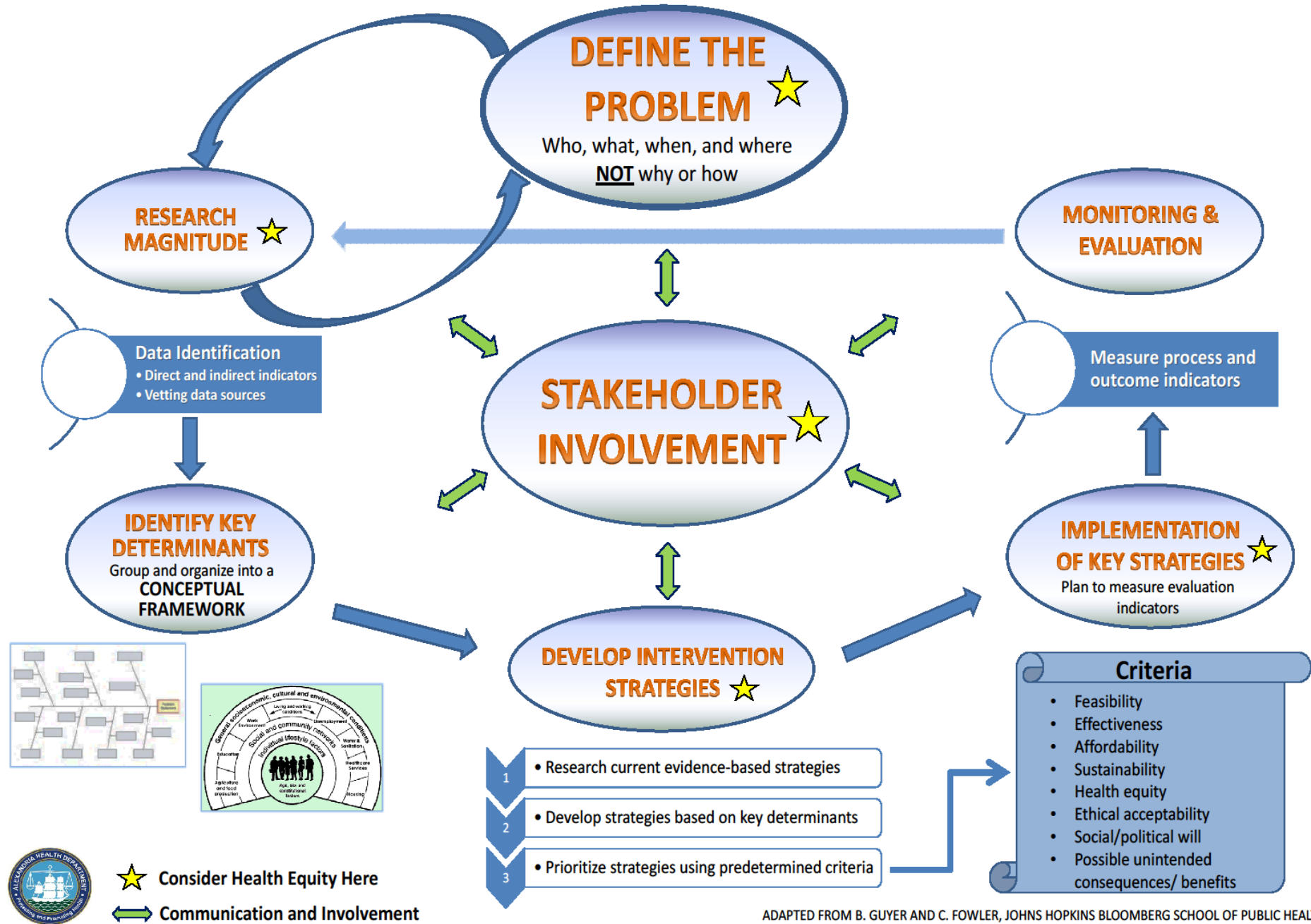
Physical Exam

Diagnostic Studies

Differential Diagnoses

Therapy

Re-evaluation



AHD Locations



Local Public Health System

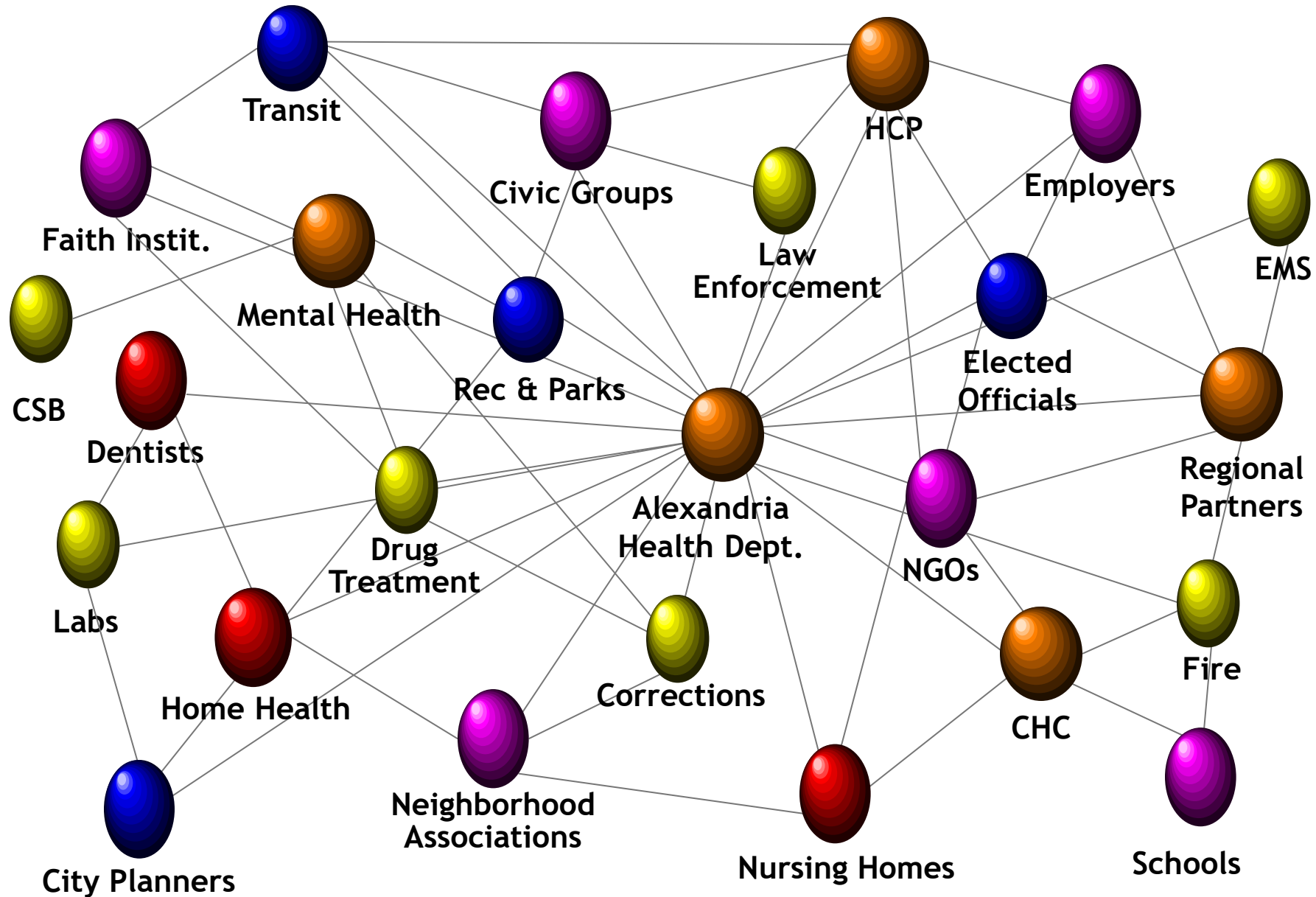
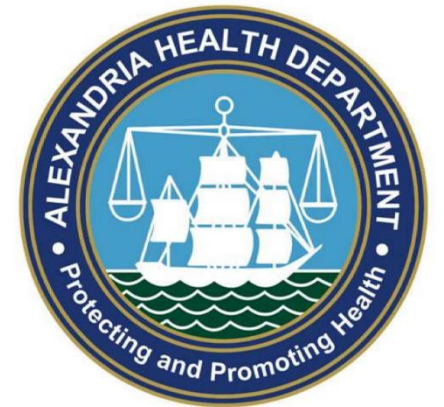


Photo Credit:
National
Association of
County and City
Health Officials



KEY ALEXANDRIA HEALTH DEPARTMENT AND COMMUNITY FOCI



Community Health Improvement Plan

How can Alexandria best improve community health in the next five years?

Community-centered focus on equity and:

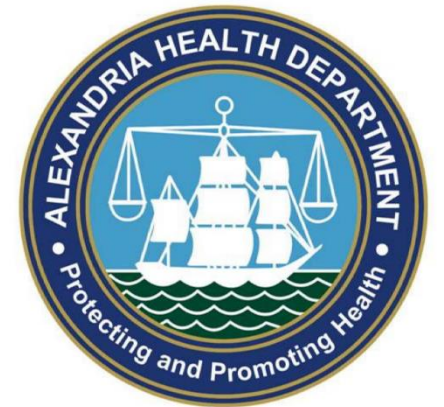
- Mental Health
- Housing
- Poverty

For More Information → Website: alexandriava.gov/health

Email: healthmatters@vdh.virginia.gov



HOW TO GET INVOLVED TO IMPROVE HEALTH IN ALEXANDRIA



6 Ways to Making a Difference

- Attend community health meetings and help champion a strategy
- Apply for a seat on a Commission
- Get involved with the Partnership for a Healthier Alexandria
- Join the Medical Reserve Corps
- Direct yourself toward complete physical, mental, social and spiritual well-being
- Get to know your neighbors



Making a Difference - Action Steps

We need YOU to take an active role on **Mental Health**, **Housing**, and **Poverty**!

- Champion a strategy
- Join a workgroup
- Stay tuned for information about CHIP next steps!

For More Information → Website: alexandriava.gov/health Email: healthmatters@vdh.virginia.gov



COVID-19

Alexandria Health Department Public Health Justice Principles:

- Prioritize science-based recommendations
- Focus resources on saving lives
- Engage and empower Alexandrians most in need

What You Can Do:

- Manifest a culture of safety, compassion and concern for self and others
- Stay informed
 - Alex eNews
 - alexandriava.gov/Coronavirus
 - 703.746.4988
- Sign up to receive COVID-19 vaccine: vaccinate.virginia.gov



QUESTIONS?

